

Commandment Eggs®

INSTRUCTION GUIDE
Teaches the 10 Commandments plus the 2 Greatest Commandments using your hands.

1. ONE GOD

Hold up one index finger for the number one. We worship one God.



2. NO IDOLS

You take both index fingers and raise one like you do for One God and the second you bend toward the other. As in bowing to an idol.



3. WATCH WORDS

You use three fingers to form the letter "W". This is to remind us that we should be careful of not using God's name in ways it should not be used. To Watch your Words.



4. KEEP SABBATH

Hold up four fingers, but fold your thumb under your fingers to let it "rest". For God rested after six days and He expects us to set aside a day of rest to honor Him.



5. HONOR PARENTS

Hold up all five fingers on one hand as in you are taking a pledge to honor your parents.



6. DON'T MURDER

Pretend that the index finger on one hand is a knife that is threatening the five fingers on your other hand.



7. NO ADULTERY

The palm of one hand becomes the "floor" of the church. Two fingers of your other hand stand like a man and woman at a marriage altar.



8. DON'T STEAL

Hold up four fingers on each hand and stretch them out slightly. By doing this your fingers become "prison bars" that hold someone who has been arrested for stealing.



9. DON'T LIE

Hold up all five fingers on one hand and four on the other. Fold your second thumb under and turn your hand around, so the thumb is secretly telling the other four fingers a lie about the five fingers on the other hand.



10. DON'T COVET

Hold out your hands, palm up, and wiggle all ten fingers to show a greedy desire to get more.



11. LOVE OTHERS

Take both hands and place one on top of the other. This represents a hug between friends and reminds us the 2nd Greatest Commandment is to Love Others.



12. LOVE GOD

Bring your hands together as if you're praying. This represents our love of God and reminds us the Greatest Commandment is to Love God.



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